



Ministry of Mothers Sharing (MOMS)

St. Patrick Catholic Community

Our Ministry...

- ✘ Connects mothers of all ages in all stages of life to form a network of mutual spiritual support
- ✘ Enhances the Christian experience through learning, praying and ministering to others
- ✘ Provides opportunities for personal and spiritual growth within a small faith group
- ✘ Increases communication skills and the use of prayer rituals in the home

We Invite You To Get Involved This Spring 2010

Our Programs...

MOMS 101

Make time for yourself and form bonds with a MOMS group!

This national 8-week program serves as an introduction to our ministry. Mothers of all ages gather as peers in a small faith group to explore topics such as self-acceptance, stress management, everyday spirituality, feelings, friendship and personal goal setting. Our **Spring 2010 sessions will be held Wednesday mornings 9:30-11:30am or Wednesday evenings 6:30-9:00pm at St. Patrick's on these dates: February 24, March 3, 17, 24, April 7, 14, 21. The MOMS Spring Celebration Dinner is planned for April 30 from 6:00-9:00pm.** Childcare is offered Wednesday mornings for a small fee. **Registration is open until full or by February 17.**



Embrace

Embrace faith and community and discover the gifts!

As a continuation of MOMS 101*, Embrace connects like-minded women for faith sharing and faith building. Seasonal programs on spiritual topics allow women to renew their spirit as wives, mothers, friends, disciples, and leaders. **Join us for our Spring 2010 sessions at St. Patrick's on Wednesday mornings 9:30-11:00am on these dates: February 10, 24, March 3, 17, 24, April 7, 14, 21, 28. The MOMS Spring Celebration Dinner is planned for April 30 from 6:00-9:00pm.** Childcare is offered for a small fee.

*MOMS 101 recommended prior to joining Embrace, but not required.

Outreach

Volunteer and experience the rewards of stewardship and hospitality!

Ministry of Mothers Sharing Outreach provides volunteer assistance, monetary support, spiritual guidance, and other basic support to individuals and organizations such as Roadrunner School, Maggie's Place, and Sr. Adele O'Sullivan's Circle the City. Outreach extends helping hands to these and other organizations through the incredible talents, kindness and generosity of our MOMS community so that we can make a difference in the lives of mothers and families in our parish community and beyond.

For Information and Registration...

Call Jennifer Keenen at (480) 452-3716 or E-mail moms.stpats@gmail.com